

Dementia Resource Guide

Compiled by Bethany Care Ministries Rev. David Lutz, 512-876-3054, dave.lutz@bethany-umc.org
House of Friends Director, Susie Petersen,
Bethany United Methodist Church, 10010 Anderson Mill Rd.
Austin TX 78750 phone: 512/258-6017
Updated 7/15/2019

Note: This list should not be viewed as a comprehensive list or an endorsement of any program or service. It should be considered a starting point for finding services in the Northwest Austin, Cedar Park, Round Rock areas and getting answers to questions related to memory loss.

INFORMATIONAL WEBSITES:

Alzheimer's Texas- serves central Texas	txalz.org
Alzheimer's Association (national with local office)	alz.org
Alzheimer's Foundation of America	alzfdn.org
Alzheimer's & Dementia Weekly	alzheimersweekly.com
Alzheimer's & Related Dementias Education Center	nia.nih.gov/alzheimers
Alz OnLine	alzonline.net
Association for Frontotemporal Degeneration	info@theaftd.org
Caring.com	caring.com
Healthfinder.gov	healthfinder.gov
Huntington's Disease Society of America	hdsa.org
Lewy Body Dementia Association	lbda.org
Mayo Clinic	mayoclinic.com
mmLearn.org- online education for caregivers	mmlearn.org
National Institute on Aging	nia.nih.gov
National Institutes of Health	nih.gov
American Parkinson Disease Association	apdaparkinson.org
U.S. National Library of Medicine	medlineplus.gov
Web MD	webmd.com

AUSTIN AREA ORGANIZATIONS:

Alzheimer's Association-Capital of Texas Chapter alz.org/texascapital Helpline:800-272-3900
Alzheimer's Texas (Central Texas) txalz.org Local Information: 512-241-0420 or Helpline 800-367-2132
7719 Wood Hollow Dr #157, Austin, TX 78731

At txalz.org: List of local caregiver support groups/respite programs for those with dementia,

List of informational seminars and basic Alzheimer's classes in greater Austin area

Area Agency on Aging, Capital Area	aaacap.org	512-915-6062
AGE of Central Texas	ageofcentraltx.org	512-452-4611
Capital Area Parkinson's Society	capitalareaparkinsons.org	512-371-3373
Caregiver University	caregiverucentx.org	512-451-4611
Elder Options of Texas	elderoptionsoftexas.com	
Family Eldercare	familyeldercare.org	512-450-0844
Funeral Consumers Alliance of Central Texas	fcactx.org	512-480-0555
Hospice Austin	hospiceaustin.org	512-342-4700
Lewy Body Dementia Association.	taphclark@hotmail.com	830-220-9155\
Meals on Wheels.	www.mealsonwheelscentraltexas.org	512-476-6325
Mulva Clinic for the Neurosciences	mulvaclinic@dellmed.utexas.edu	833-882-2737
Texas Dept of Aging and Disability.	dads.state.tx.us	855-937-2372

PUBLICATIONS:

- **New Lifestyles**-Free service that provides comprehensive and quality information on senior residential and care options. 800-869-9549, newlifestyles.com/guides/aus
- **Austin Seniors' Guide**- Free resources guide with information for seniors. seniorsguide.net

PROVIDERS:

Geriatric Care Managers

- Arrange Care - Leah Cohen, LCSW. arrangecare.com 512-841-3228
- Accountable Aging-Mary/Mick Koffend. accountableaging.com 512-342-9800
- All Ways Caring for Seniors-Lauren Tarrant allwayscaringforseniors.com 512-809-4057
- A Place for Mom Aplaceformom.com. 866-343-8925
- Global Geriatrics - Tam Cummings, LLC. tamcummings.com 512-415-4359
- Proper Care - Suzanne Oliver, LCSW. proper-care.com 512-585-8459
- Texas Family Services - Ariel Rosenbaum. TXFamilyServices.com 512-574-1722

Clinic for Diagnosis: Memory Center @ Dell Med mulvaclinic@dellmed.utexas.edu 833-882-2737

Physicians who specialize in dementia:

- John Bertelson, M.D. Neurologist. Seton Brain and Spine Institute, 1600 W. 38th St., Suite 308, Austin 78731. setonbrainandspine.com 512-324-3540
- Jaron Winston, M.D. Geriatric psychiatrist, Senior Adults Specialty Healthcare. 3215 Steck Ave., Ste 200, Austin 78757. senioradults.net 512-476-3556

Primary Care Physicians who accept Medicare:

- Chris Holland, R.N. Ph.D. Functional Medicine Nurse Practitioner. 9009 Mountain Ridge Drive, Austin Bld., Ste. 140, Austin, 78759. 512-343-2800. (She has a more holistic approach and works with dementia patients in nursing homes as well as sees patients at her outpatient office.)
- Dr. Leila Williams, D.O, 15004 Avery Ranch Blvd. #105, Austin 78717. 512-528-7520
- Dr. Louis Egelsee, 651 N US Highway 183, Suite 110, Leander 78641. 512-528-0432
- Cedar Park Pediatric and Family Medicine, various physicians 345 Cypress Creek Rd., Ste. 104 Cedar Park, TX 78613. 512-336-277
- 345 Cypress Creek Road, Suite 104, Cedar Park, 920 N. Vista Ridge Blvd., Suite 500, Cedar Park 78613. 512-336-2777
- Dr. Nikhil Agarwal, M.D., Austin Primary Care Physicians, 11901 West Parmer Lane, Suite 300, Cedar Park, 78613. 512-652-0052
- Dr. Mohinder Pegany, ARC Cedar Park Medical Plaza, 1401 Medical Parkway Bldg. B. Suite 220 & 200 Cedar Park, 78613. 512-260-1581
- Dr. Stephen Foster/Dr. Josh Reinhart- Family Medical Center - 190 Buttercup Creek Blvd., Cedar Park, 78630. 512-336-5824
- Scott & White Clinic, 900 Quest Parkway, Cedar Park, 78613. 1-888-279-3627
- Dr. Lianne Marks, Scott & White Clinic, 405 University Blvd., Round Rock, 78665. 512-509-0200
- Dr. Rosie Augustin-Wheeler - San Gabriel Family Medicine - 921 West New Hope Drive, Suite 401, Cedar Park. 512-986-8858
- Dr. Martin Molina - 6618 Sitio Del Rio Blvd., Suite 101, Austin 78730. 512-524-2336
- Dr. Susan Brister – 1501 Pecan St. West, Suite 102 Pflugerville 78660. 512-421-3751
- North Austin Medical Center, Austin Diagnostic Clinic Internal Medicine: 12221 N. MoPac Expy. 78758. 512-901-4009

Home Visit Geriatric Physicians

- BeWellMD. 512-553-1921
- Capitol House Calls, Dr. Michael Pellegrini. 512-459-5204
- House Call Doctors. 281-412-4434
- Lone Star Circle of Care 866-758-2805
- Ministering Physicians, Dr. Philip Woodall, DO. 512-246-6170
- Texas In-Home Physician Care/Kindred House Calls. 866-546-3805
- Transitions Geriatrics Group. 512-452-2100
- Visiting Physicians Association. 512-407-8880

Legal Resources/Elder Law/Estate Attorneys

- Texas Legal Services Center, Legal Hotline for Older Texans, 815 Brazos, Suite 1100, Austin, Texas 78701. Client calls: 512-477-3950; tlsc.org/legalhotline
- Law Offices of Farrell & Johnson, Elder Law with Medicaid. 1000 MoPac Circle, Austin 78746. 512-323-2977. txelderlaw.com
- Terry L. Garrett. Garrett Law Firm, 4408 Spicewood Springs, Austin, 78759; 512-800-2420; info@elderlawaustin.com
- Charles E. Lance, Lance Elder Law 3613 Williams Drive, Suite 701, Georgetown 78628. V.A. Aid and Attendance & Medicaid Specialties. 512-868-2224; lanceelderlaw.com
- Larry Russell, Estate Planning & Probate Law. 9951 Anderson Mill Rd, Ste 200. Austin, 78750. 512-258-2244; wilsonsterlingrussell.com
- Mark Tarrant, Elder Law. 12600 Cinchring Ln, Austin, 78727; 512-297-331; mktarrant56@yahoo.com
- Gaye Thompson, Thompson & Tiemann, 5203 Pony Chase, Austin, 78727. 512-335-6800 ElderLawLink.com
- Brad Wiewel, Wiewel Law Firm. Specialty in Medicaid. 1601 Rio Grande, Ste 550. Austin, 78701. 512-480-8828; texasrustlaw.com

Day Care for Adults with Cognitive and/or Physical Limitations

Free care one day per week at various locations: See the listing of local respite programs for those with dementia: txalz.org; *Note: **House of Friends** located at Bethany, Susie Petersen, dir.*

Respite Care up to 5 days per week for a sliding fee:

- **AGE Thrive Social & Wellness Center**, 3710 Cedar St. Austin 512-458-6305
- **AGE Thrive Social & Wellness Center**, 475 Round Rock West Dr., Suite 120 Round Rock. 512-255-4865

Individual caregivers who are willing to care for individuals in their homes:

We do not maintain a list but suggest contacting your church, speaking with friends/acquaintances who have used local individual caregivers, checking the web site care.com; senioraccessstx.org

For complete listings of nursing care and residential facilities, contact Alzheimer's Texas. The following lists are for North, Northwest Austin, Cedar Park and Round Rock only.

Alzheimer's Assisted Living with Memory Care Units*

- **Arden Courts of Austin**, 11630 Four Iron Dr, Austin, 78750. 512-918-2800
- **Avalon Memory Care**, 2219 S. Lakeline Blvd., Cedar Park 78613. 1-800-696-6536
- **Aria Memory Care**, 1201 Arrow Point Dr., Cedar Park, 78613. 512-213-6070
- **Brookdale North Austin**, 5310 Duval Rd, Austin, 78727. 512-418-8228
- **Brookdale at Northwest Hills**, 5715 Mesa Dr, Austin, 78731. 512-454-5900
- **Brookdale Parmer Lane**, 12429 Scofield Farms Drive, Austin, 78758. 855-369-4611
- **Brookdale Round Rock**, 8005 Cornerwood Dr, Austin, 78717. 855-369-4641

- **Cedar Ridge Alzheimer's Special Care Center**, 2100 S. Lakeline Blvd, Cedar Park, 78613. 512-298-6762
- **Colonial Gardens**, 3706 Adelphi Lane, Austin, 78727. 512-833-0114
- **The Cottages at Chandler Creek**, 2351 North AW Grimes Blvd Round Rock, 78665. 512-218-9757
- **Enclave at Cedar Park**, 3405 El Salido Pkwy, Cedar Park, TX 78613. 877-311-7026
- **Franklin Park**, 4155 Terra Vista Club Dr, Round Rock 78665. 512-388-6076
- **Harmony Point**, 1201 Arrow Point Dr., Cedar Park, 78613. 512-213-6070
- **The Heritage at Hunters Chase**, 12151 Hunter's Chase Drive, Austin, 78729. 512-336-4100
- **The Pavilion of Great Hills**, 11819 Pavilion Blvd, Austin 78759. 512-249-0500
- **Pecan Ridge Memory Care**, 10025 Anderson Mill Road, Austin 78750; 512-487-7898
- **Poet's Walk**, 4050 Sunrise Road, Round Rock, 78665. 512-746-8037
- **The Pointe at Cedar Park**, 450 Discovery Blvd, Cedar Park, 78613. 737-702-0014
- **The Renaissance**, 11279 Taylor Draper Lane, Austin. 512-338-0995
- **Riva Ridge Assisted Living and Memory Care**, 801 Riva Ridge Dr., Leander. 512-259-1330
- **Auberge at Cedar Park**, 800 C-Bar Ranch Trl, Cedar Park, 512-986-7202
- **Sundance Premier Memory Care**, 3000 Glacier Pass Lane, Cedar Park 78613; 512-514-0671
- **Sundara of Round Rock**, 1000Rusk Road, Round Rock, 78665. 512-400-0488
- **University Village**, 4701 Campus Village Dr., Round Rock 78655. 512-248-2222
- **Wyoming Springs Assisted Living and Memory Care**, 7230 Wyoming Springs Rd, Round Rock, 512-457-1218

***Check with State of Texas Health & Human Service to see if 'Alzheimer's Certified'**

Personal (Residential) Care Homes - serves a small number of individuals

Austin

- **Austin North Assisted Living**, 112065 Powder Mill Trail, 512-258-5661
- **Collinfield House**, 9205 Collinfield Drive, Austin, 78758.. 512-619-4366.
- **Kinfolks Personal Care Home**, 13209 Marrero Dr, Austin,78729. . 512-293-7419
- **Lou's House**, 1105 Anderson Mill Road, Austin, TX 78750. 877-642-1210.

Cedar Park/Leander

- **Shenandoah Villa**, 1623 Shenandoah Drive, Cedar Park, 78613. Owner: Zalina Williams. 512-257-7526
- **St. Jude Residential Care Home**, Cynthia Villasenor, 5 Anderson Crossing, Cedar Park 78613. 512-589-2604

Round Rock

- **Aunt Rosie's House**, Lynn Desaray. 2346 Friarcreek Loop, Round Rock, 78664. 512-934-1290
- **Fairway Vista**, 1017 Hiddenview Place, Round Rock, 78665. Owner: Kerri Dehn. Phone: 512-220-7316.
- **Hampton Senior Living**, Nicole Funderburke, 1905 Hampton Lane, Round Rock, 78664 512-394-8146
- **Loving Home Care**, 80 Woodland Lane, Round Rock, 78664. Owner: Ify Onumonu. 512-246-8762
- **A Touch of Home**, 4301 Crestridge Drive, Round Rock, 78681. Owners-Sharon & Theresa Scott. 512-218-0042. (Females only)

Nursing Centers

- **Austin Wellness and Rehabilitation**, 11406 Rustic Rock Dr, Austin, 78750. 512-335-5028
- **Hearthstone Health Center**, 401 Oakwood Blvd., Round Rock, 78681. 512-388-7494
- **Isle at Cedar Ridge**, 2200 S Lakeline Blvd., Cedar Park, 78613. 512-592-3090
- **New Hope Manor**, 1623 W New Hope Dr., Cedar Park, 78732. 512-259-3999
- **Park Bend Health Center**, 2122 Park Bend Dr, Austin, 78758. 512-836-9777
- **Park Valley Inn Health Center**, 17751 Park Valley, Round Rock 78681. :512-218-6000

- **Sagebrook Health Center**, 901 Discovery Blvd, Cedar Park, 78613. 512-259-0003
- **The Springs**, 1500 Cottonwood Creek Trail, Cedar Park, 78613. 512-259-4259
- **Wesleyan Nursing Home**, 2001 Scenic Dr, Georgetown, 78626. 512-863-0511-(2 Alzheimer's secured units)
- **Windsor Nursing & Rehab Center of Duval**, 5301 W. Duval Rd, Austin, 78727. 512-345-1805 (secured Alzheimer's unit)

Personal Assistance Services (Private Pay Hourly Caregivers,*--also some have nurses)

- **BrightStar**. www.brightstarcare.com/austin. 512-452-9800 *
- **Capitol Home Health**, www.capitolhh.com. 512-467-6900
- **Cella Bella Senior Services**. www.CellaBellas.com. 512-912-7707
- **Georgetown Home Health**, 2120 Scenic Dr., Georgetown. 800-304-9273
- **H.A.N.D.** (Helping the Aging, Needy & Disabled) www.handaustin.org. Sliding scale for caregivers. 512-477-3796
- **Independence by Family Eldercare**. <http://www.familyeldercare.org/in-home-care-overview.html> Sliding scale for caregivers. :512-467-6168
- **Heavenly Caregivers**. www.heavenlycaregivers.com. 512-340-0551
- **Home Instead Senior Care**. <http://www.homeinstead.com/382/contactus/Pages/ContactUs.aspx>. 512-374-1414
- **Right At Home-Austin West**. www.rahaustinwest.com. 512-465-9900
- **Visiting Angels Living Assistance Services**. <http://www.visitingangels.com/austin> 512-250-2103
- **Visiting Angels (Williamson County)** www.visitingangels.com/wilco. 512-259-8335
- **Nurses Unlimited**. www.nursesunlimited.com 512-380-9339 *
- **Professional Caretakers**. www.professionalcaretakers.com . 512-250-5800 *
- **Senior Helpers**. <http://www.seniorhelpers.com/centraltx>. 512-388-4357 (Also has V.A. contract and can help with Aid and Attendance application)
- **Senior Sitters, LLC**. www.seniorsittersusa.com. 512-250-5800
- **Stellar Senior Care**. stellarseniorcare.com. 512-331-0049
- **Texas Home Care Partners**. www.texashomecarepartners.com. 512-358-4556
- **Well Beyond Care-Online service at** www.wellbeyondcare.com. 512-809-4057.

Home Health Services (Medicare)

- **Accolade Home Care**, 1611 Chisholm Trail, # 450, Round Rock, 78681. 512-238-6000
- **Accord Home Care**, Suite 210, 1717 N. I-35, Round Rock, 78664. 512-246-1451
- **Encompass Home Health**, 9101 Burnet Road, Suite 214, Austin, 78758. 512-339-1053
- **Gentiva Home Health**, 1600 W. 38th St., Austin 78731. 512-797-3334
- **Hill Country Home Health**, 1 Chisholm Trail, Ste.250, Round Rock, 78681. 512-244-9457
- **Home Therapy of Austin**, 9050 N. Capital of Tx Hwy # 180, Austin, 78759. 512-637-1550
- **Wesleyan Home Health**, 2100 Scenic Dr #140, Georgetown, 78626. 512-869-5800

Hospice

- **Buckner Hospice** (non-profit), 1005 E. Braker Lane, Suite 1, Austin 78753. 512-873-8145
- **Hospice Austin** (non-profit) 4107 Spicewood Springs Road, Austin, TX 78759. 512-342-4700
- **Hospice Compassus**, 1717 N I-35, Ste 130, Round Rock 78664: 512-246-7127
- **Odyssey Hospice**, 4201 West Parmer Lane, Building C, Suite 100, Austin, 78727. 512-310-0214
- **New Century Hospice**, 8213-A Shoal Creek Blvd., Ste.104, Austin 78757. 512-342-8288
- **Resolutions Hospice**, 11825 Buckner Rd, Austin 78726. 512-343-5555
- **Texas Home Health/Hospice**, 3520 Executive Center Drive, Suite 320, Austin, 78731. 512-372-4194
- **Wesleyan Hospice Care**(non-profit), 3100 Scenic Dr., Ste 140, Georgetown,78626. 512-863-8848

Continuum of Care (These facilities offer housing and care from independent living to nursing care)

- **Buckner Villas.** 11110 Tom Adams Dr., Austin, 78753. 512-836-1515
- **The Enclave at Cedar Park.** 3405 El Salido Pkwy, Cedar Park, 78613. 512-402-5040
- **Longhorn Village.** 3204 University Club Dr., Austin, 78732. 512-266-5600
- **Wesleyan at Estrella.** 139 Estrella Dr., Georgetown, 78628. 512-863-2528
- **Westminster Manor.** 4100 Jackson Ave., Austin, 78731. 512-454-4711

Long Term Care Insurance/Financial Services

- **Texas Assurance Care,** 921 W. New Hope Dr. #403, Cedar Park 78613. (512) 343-5400
www.txassurance.com
- **Randy Parker,** LTCP-LTC Insurance Specialist for New York Life and 7 other major companies.
512-284-7875

Senior Relocations

- **Caring Transitions.** www.caringtransitionsaustinnorth.com. 512-265-8021
- **Texas Senior Living Locators.** www.TexasSLL.com. 512-402-2795

Veteran's Resources

- **Benefits Results for Veterans.** 844-810-1467
- **Cedar Park Veterans Administration Clinic,** 701 East Whitestone Boulevard, Cedar Park 78613.
512-260-1368
- **Elder Law Answers.** <http://www.elderlawanswers.com/veterans-benefits>
- **Homemaker/Home Health Aide Services**—Senior Helpers-Frank Hayes. 512-388-4357
- **Williamson County Veteran's Service** – 512-238-2151 (Aid & Attendance) Donna Harrell.
James Bell. jbelle@wilco.org . 512-943-1901

Transportation

- **Care and Back - Personal Driving Service.** 512-565-6692 www.careandback.com
- **Drive a Senior.** Faith in Action- Far Northwest Caregivers. 512-250-5021
- **Special Transit Services (Cap Metro).** 512-389-7480

Counseling Services (especially for guilt and grief)

- **Austin Wellness.** 10010 Anderson Mill Road, Austin. 512-257-0050
- **Austin Center for Grief and Loss.** 2413 Greenlawn Pkwy, Austin. 512-472-7878
- **Center for Relational Care.** 11615 Angus Rd. #218, Austin. 512-492-6200
- **New Life Institute.** 607 Rathervue Pl., Austin. 512-469-9447
- **Northwest Counseling & Wellness Center.** 12335 Hymeadow Dr., #300, Austin. 512-250-9355

End of Life/Funeral Planning

- *What to do when a loved one dies* -check the web for relevant articles on this topic, especially those by AARP (these articles give good advice on all the things one should do).
- **Funeral Consumers Alliance of Central Texas.** www.fcactx.org . (Formerly **Austin Memorial Burial & Information Society-AMBIS**) 512-480-0555. It is a non-profit, consumer group that provides information to help you make end-of-life decisions that fit **your** values and **your** budget.
- **Info on Home Funerals/Green Burials - Annaliese Rosea, M.Ed** Home.funeral.chaplain@gmail.com
- **Mitzi Chafetz**-specializes in Jewish and green burials at Weed-Corley-Fish Funeral home. WCF owns its own crematory. 512-452-8811