



# **The Power of Thoughts**

*Thomas Johnson*



## **Philippians 4:4–9**

**Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.**



**Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.**



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- Responding to God's grace with our mind.**





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**How can we respond to God with our minds so that we keep growing in Christ?**



**Phil. 4:4**  
**Rejoice in the Lord always; again I will say,**  
**Rejoice.**



**Phil. 4:5**

**Let your gentleness be known to everyone.**



## **Philippians 4:5b-6**

**The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.**



**John Wesley on Thanksgiving: "The surest  
mark of a soul free from anxiety."**



## **Philippians 4:7**

**And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.**



## **Philippians 4:8**

**Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things.**





## **Philippians 4:9**

**Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.**



**“He sees that it is impossible to give precise instructions about everything – their going out, their coming in, their words, their inner condition and their company. All of these a Christian must think about in context. He says concisely and as it were in a nutshell, ‘Just do what you heard and seen me do.’”**

***Chrysostom***



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